

GRADE K  
CHAPTER Eighteen  
Eucharist

### Objectives

- To understand the importance of bread for Catholics
- To learn about the Last Supper and the first Eucharist
- To understand the connection between the Last Supper and Mass

### Step One: Invite: Name your personal experience

- Go to the grocery store and write down the names of as many kinds of bread as you can find in the store
- Complete the family project on p. 152
- While the bread is baking, read the poem on p. 147 and answer the question
- Share the fresh bread by sitting around the table. Be sure to pray first.

### Step Two: Explore: Understand the meaning of God's Word

- Read about the Last Supper on p. 148 and answer these questions:
  - o What two foods were on the table?
  - o Who was there?
  - o What did Jesus say?
  - o What did Jesus do before he ate and drank?
  - o What did he say over the wine?
- When do you hear these words at Church today?
- Complete the activity on p. 149
- What is the Eucharist? Why do we receive the Eucharist?

### Step Three: Celebrate: Offer prayers of praise and thanksgiving

- Make the Sign of the Cross
- Hold hands together and say a prayer of thanks to God for the Eucharist.

### Faith Activities: Tips

- Throughout each chapter, there will be sections marked "Activity."
- Feel free to choose as many activities as you wish to share with your family. At a minimum, choose one activity above and beyond what might be mentioned in Steps 1-3.
- Follow the directions for the activity, share popcorn or a treat, relax and enjoy it.
- Post any artwork until the next lesson and then use the next chapter's activity to take its place.