

**ACTIVITY MASTER #TE16**

# Moments of Grace

God's grace comes to us in many ways. Certainly participating in the sacraments is primary. We also receive God's grace in ordinary ways outside of the sacraments. Here are a few examples:

- ▶ Moments of confrontation when our actions, words, and attitudes are challenged to improve.
- ▶ Moments of blessing when we are helped, strengthened, or connected.
- ▶ Moments of vulnerability when we are at our weakest or saddest.
- ▶ Moments of discovery when we "see" and understand.
- ▶ Moments related to special events and places when we sense the sacred.

Identify which moments of grace you have experienced recently. Write a paragraph on your experience.

Make sure to address the following questions:

- ▶ Who was part of my moment of grace?
- ▶ How did I feel before my moment of grace? After?
- ▶ How did this moment affect my life?
- ▶ Did my moment have any impact on others?
- ▶ What did I learn about God in this moment?

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