

ACTIVITY MASTER #15

My Truest and Best Self

“Finally, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things” (Philippians 4:8).

Time to be honest and “think about these things.”

1. Describe your *true self*.

2. Describe what is *honorable* about you.

3. When have you been a *just* person?

4. What about you is *pure*?

5. What about you is *lovely*?

6. When have you been *gracious* to somebody?

7. What about you is *worthy of praise*?
