

**ACTIVITY MASTER #5**

# Liturgy of the Hours

How did God speak to you in this experience?

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Describe your favorite part of the Liturgy of the Hours:

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Why do you think this part was a favorite for you?

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Is this your first experience of praying the Liturgy of the Hours?

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If you have experienced the Liturgy of the Hours before this, how did the two experiences compare?

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What would you like God to know about your experience?

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